

JOE'S CLUB

Adult Day Health Care

Supported By  Alzheimer's
Foundation
Brevard

Joe's Club Information Kit

Joe's Club is for families and caregivers of persons who need supervised care during the day.



VA



U.S. Department
of Veterans Affairs



Department of
ELDER AFFAIRS
STATE OF FLORIDA



Joe's Club Adult Day Health Centers • (321) 253-4430 • www.brevardalz.org
Melbourne • Micco • Titusville

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WELCOME!

I would like to warmly welcome you to Joe's Club! My staff and I work tirelessly to create a loving environment for your family member. We will become part of your extended family. We want you to become part of ours.

Everyone's journey to Joe's Club is quite different. No two stories are the same. We have clients from all walks of life, including Apollo astronauts, TV stars, and lots of war heroes (even a D-Day photographer!)

We strive to learn about your loved one and engage them throughout the day because we know how important socialization is at any age. Nobody is parked in front of a television for hours. Nobody is isolated even for one minute.

Ten years ago, on my grandmother's 90th birthday, I came to Joe's Club to volunteer in her memory. She had Alzheimer's in the 1980s, which means she was classified as "senile" or "crazy". I remember the days when she called me the names of my cousins, but never mine. (And, she liked to call me 'Mitch', but nobody knows who that was.) I remember when she smiled at me. She always knew I was there to see her, but my name and relationship escaped her. Now ten years later, I never forget her.

Joe's Club is not just for those stricken by Alzheimer's. We provide a place for anyone who cannot be left home alone.

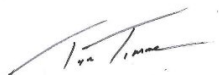
Please tour one of our three facilities. Cleanliness and safety are paramount. My goal is that you can now rest and relax knowing that your loved one is in our capable hands.

If you have any questions or need additional resources beyond the scope of adult day services, allow the professional case managers to help. If they cannot, they will find somebody who can. If they cannot, I WILL.

Always remember, we are on your side and never let the cost of care be a deciding factor. If there is a need, we will find a way.

As I learned many years ago: Honor Thy Mother and Father.

Sincerely,



Timothy Timmermann

Executive Director

Who	Joe’s Club can accommodate any adult who may need a safe environment and supervision to enhance their quality of life. We are not exclusively for persons with a dementia diagnosis.
What	<p><i>Joe’s Club</i> is an active, “fun,” and therapeutic day health center staffed by nurses, certified aids, and professional personnel. We provide supervised care with the goal of helping clients maintain independence for as long as possible. Our daily program includes:</p> <p>Physical exercise to curtail muscle mass loss and provide increased strength, flexibility, balance, endurance, and coordination.</p> <p>Cognitive activities to increase mental stimulation using board and word games, trivia, puzzles, etc.</p> <p>Music therapy is recognized as the best engagement treatment for the aging population. Our music programs include volunteer musicians playing a wide variety of styles and musical instruments, and also leading sing-a-longs.</p> <p>Art therapy invites self-expression and creativity through crafts, painting and other art forms.</p> <p>Pet therapy helps reduce anxiety levels.</p> <p>A hot, nutritious meal is served daily. <i>(We accommodate special dietary needs.)</i></p>
Where	We have 3 centers: <i>Melbourne</i> (4676 N. Wickham Rd., Melbourne, FL 32935), <i>Titusville</i> (830 S. Park Ave., 32780) and <i>Micco</i> (7951 Ron Beatty Blvd, Barefoot Bay, 32976).
When	Joe’s Club program operates 5 days a week. Melbourne: 7:15AM-5:30PM. Micco: 8:30AM - 5PM. Titusville: 7:30AM-5:30PM. Joe’s@Home available for after hours.
Why	Our goal is to give caregivers a break while enriching the lives of those who stay with us. Our medicine is having “fun!” We want to help you avoid emergency room visits and hospital stays. We are a person-centered program and we develop a specific program of activity for every client. Our hope is to help people stay at home for as long as is safe for both the caregiver and care receiver.
How Much	Joe’s Club is the exclusive Brevard County provider of state-funded Alzheimer’s Disease Initiative (ADI) funds and Department of Veteran’s Affairs. Joe’s Club also accepts Medicaid, private pay (sliding scale) and LTMC Medicare. NEVER MAKE COST A DECIDING FACTOR FOR JOE’S CLUB. WE WILL FIND A WAY!

Call us to schedule a free visit!

The Brevard Alzheimer’s Foundation. Phone: (321) 253-4430 Fax: (321) 253-1993

JOE'S CLUB

Adult Day Health Care
Transportation Service Areas

**TITUSVILLE
(NORTH OF SR528)**

**MELBOURNE
MAIN CENTER
ALL OF CENTRAL
BREVARD, BEACHES**

**BAREFOOT BAY
(SOUTH OF MALABAR RD)**



Joe's Club has many options and makes every effort to supply quality Adult Care for anyone in need. Paying for daycare is the easy part.

Never let the cost of our services be the deciding factor. WE WILL FIND A WAY TOGETHER!

1. Private Pay



The full price of Joe's Club Adult Day Care is \$65 / day or \$47 / half day. This price is well below the national average of \$110 per day. Joe's Club is supported by the Brevard Alzheimer's Foundation and with a non-profit model, Joe's Club is able to raise funds through special events and donation to drive your costs down.

2. Alzheimer's Disease Initiative, State of Florida



The Alzheimer's Disease Initiative is intended to prevent or delay the placement of elderly state residents in nursing homes. To that end, these programs will pay for or help with the cost of daytime supervision in a group environment. Our organization is the exclusive provider of ADI in Brevard County. If your loved one has a diagnosis of Alzheimer's, let our counselors make a referral for you. Unfortunately, a significant waiting list is present. However, your family can utilize one of the other funding sources during the waiting period.

3. Veteran's Benefits



Joe's Club is Brevard County's exclusive Adult Day Care provider of the Veteran's Administration. The VA will pay in full for adult day health care and transportation. Adult day health care is included in the VHA Medical Benefits Package. However, one cannot simply enroll in a program, you first must be assessed and found to have a clinical need for the level of care and supervision provided in adult day health care centers. Contact your physician or social worker at the VA in Viera.

4. Medicare Advantage



As most elderly Americans have Medicare, the question if Medicare will pay for adult day care is very common. Medicare does not pay for any form of adult day care. However, the 2020 Medicare Advantage programs are starting to include adult day care as an added benefit. If you have a Medicare Advantage Plan, you can, or we can contact your provider to see if these benefits have been implemented.

5. Medicaid



Medicaid pays for adult day care and / or adult day health care. This is especially true if an individual would otherwise require full-time nursing home care. Unfortunately, waivers are not entitlements and wait lists exist. Our counselors will help you start the process, if you are a candidate.

6. Internal Foundation Scholarships, Sliding Scale



With the backing of the Brevard Alzheimer's Foundation, many scholarship opportunities are available using the Federal guideline sliding scale. In addition, it's at the discretion of the Executive Director to scholarship beyond the sliding scale. Your family could qualify for as little as \$1 a day. **WE WILL FIND A WAY. OUR GOAL IS TO HELP EVERYONE WHO HAS A NEED.**



JOE'S @ HOME

In-Home Companion Services



Receiving affordable, dependable senior care at home could be the alternative to a nursing home that your family has been looking for. If you need Joe's@Home just a few hours a day, our offices are here to help. We strive to get to know our clients' unique stories and personalities so we can plan activities that will be both stimulating and enjoyable.

Our companion care service options are flexible and customizable according to your specific situation, and as part of our personalized approach, we customize a care plan to match your needs.

Services Offered:

- Companionship/Conversation
- Entertainment - games, reading, puzzles
- Scrapbooking, Crafts, Personal Correspondence
- Share Meals
- Light Housekeeping, Cooking and Shopping
- Plant Care
- Pet Care
- Light Handyman Services and Small Repairs
- Yard Work
- Medication Reminders
- Assist/Organize Calendar, Mail, Bills
- Safety and Fall Prevention
- Escort to Appointments and Events
- Arrange/Accompany Visits, Religious Services
- Make/Change Bed
- Errands - Prescription Pickup
- Outings and Trips
- Long-Distance Check-Ins
- Overnight Stays and 24-Hour Care

Benefits:

- No Long-Term Contracts
- Family Flexibility
- No Hourly or Daily Minimums

Call Sean or Cherylann at 321-253-4430 to get started!

Everyone can use a helping hand. Joe's@Home makes it easy to get started with care services in your home. We will be happy to coordinate a free in-home consultation to get to know your loved one and his or her needs, help address any questions you may have, and provide recommendations for care.

Joe's@Home is supported by:
Brevard Alzheimer's Foundation
4676 N. Wickham Road
Melbourne, FL 32909
brevardalz.org

Date: _____ Client: _____ Caregiver: _____

Instructions: Circle as many applicable responses for your loved one. Think of GOOD days and BAD days.

Version 2

1. Do you have any concerns regarding memory or cognitive impairment?



MEMORY

- 0. Normal memory.
- 1. Occasionally forgets things that they were told recently. Does not cause many problems.
- 2. **Mild /Moderate consistent forgetfulness. Remembers recent events but often forgets parts.**
- 3. **Does not remember basic facts like the day of the week.**

2. Does the client always communicate clearly?



SPEECH

- 0. Normal ability to talk and to understand others.
- 1. Sometimes cannot find a word, but able to carry on conversations.
- 2. **Often forgets words. May use the wrong word in its place. Some trouble giving answers.**
- 3. **Speech often does not make sense. Cannot answer questions or follow instructions.**

3. Does the client recognize family?



FAMILY

- 0. Normal - recognizes people and generally knows who they are.
- 1. Usually does not recognize family members who are not seen frequently.
- 2. **Sometimes does not recognize close family members or others who they see frequently.**
- 3. **Frequently does not recognize spouse or caregiver.**

4. Does client become confused about the time of day?



TIME

- 0. Normal awareness of time of day and day of week.
- 1. Some confusion about what time it is or what day of the week.
- 2. Frequently confused about time of day.
- 3. Almost always confused about the time of day.

5. Is the client disoriented in new places?



PLACE

- 0. Normal awareness of where they are even in new places.
- 1. Sometimes disoriented in new places.
- 2. **Frequently disoriented in new places.**
- 3. **Usually disoriented, even in familiar places. May forget that they are already at home.**

6. Does the client demonstrate difficulty in decision making?



DECISION
 MAKING

- 0. Normal - as able to make decisions as before.
- 1. Only some difficulty making decisions that arise in day-to-day life.
- 2. **Rarely makes any important decisions. Gets confused easily.**
- 3. **Not able to understand what is happening most of the time.**

Continued Back Side

7. Can the client communicate with people outside the home?



SOCIAL ACTIVITY

- 0. Normal - acts the same with people as before.
- 1. Can take part in community activities without help. May appear normal to people who don't know them.
- 2. Often has trouble dealing with people outside the home without help from caregiver.
- 3. Can only deal with the primary caregiver.

8. Could the client cook, shop or clean on their own?



HOME ACTIVITY

- 0. Normal. No decline in ability to do things around the house.
- 1. May have more trouble with paying bills and fixing things. Can still go to a store, cook.
- 2. Losing interest in the news, TV or radio. Often can't follow a long conversation on a single topic.
- 3. Not able to shop, cook or clean without a lot of help. Cannot follow a conversation.

9. Does the client have difficulty with bathing, combing hair and dressing themselves?



PERSONAL CARE

- 0. Normal. Takes care of self as well as they used to.
- 1. Sometimes forgets to wash, comb hair, or may dress improperly. Not neat / clean.
- 2. Requires help with dressing, washing and personal grooming.
- 3. Totally dependent on help for personal care.

10. Does client require help with eating and nutrition?



EATING

- 0. Normal, does not need help in eating food that is served to them.
- 1. May need help cutting food or have trouble with some foods, but basically able to eat by themselves.
- 2. **Generally able to feed themselves but may require some help. May lose interest during the meal.**
- 3. **Needs to be fed. May have trouble swallowing.**

11. Does client have control of urination and bowels?



BATHROOM

- 0. Normal - does not have problems controlling urination or bowels except for physical problems.
- 1. Rarely fails to control urination (generally less than one accident per month).
- 2. **Occasional failure to control urination (about once a week or less).**
- 3. **Frequently fails to control urination (more than once a week).**

12. Can client drive / walk outside alone?



PLACE TO PLACE

- 0. Normal, able to get around on their own. (May have physical problems that require a wheelchair, cane or walker).
- 1. **Cannot drive. Can walk alone outside for short time. Might get lost if walking too far from home.**
- 2. **Cannot be left outside alone. Can get around the house without getting lost or confused.**
- 3. **Gets confused and needs help finding their way around the house.**

YOUR SCORE: _____ (Add up all the circled responses)

Any total score over 24, or any question answered Number 2 or higher, is a good fit for Adult Day Care and would benefit from Joe's Club Program. The higher the score the greater potential need for the client and the greater likelihood of caregiver stress/burnout. The Joe's Club Client Assessment is designed to act as a tool for caregivers to assess the abilities of their loved ones in independent / caregiver situations and is derived from the universally accepted Dementia Severity Rating Scale (DSRS). Please call **(321) 253-4430** to discuss how Joe's Club may be the solution for your family.